

Path to Siva

A Catechism for Youth

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Lesson 19

What Is the Nature of Life for Saiivites?



All people seek
the same things in life.



**They want to be happy
and secure, loved and
appreciated, creative
and useful.**

Saivism has a rich and gentle culture

Saivism has a rich and gentle culture that fulfils these human wants.

It has profound teachings that help us understand the world and our place in it.

It gives guidance in the refined qualities of character so necessary in spiritual life: how to be patient, kind, tolerant, humble, hardworking and devoted.



Saivism centers around the home and the temple.

Monastic life is its core and power.

Family life is strong and precious.

Mother and father are a child's first
gurus.



Saivism possesses a wealth of art and architecture.

It has beautiful traditions of music, art,
drama and dance.

It has a treasury of philosophy and
scholarship.



Saivite Temple Worship

Saivite temples provide worship services daily.

Festivals are fun for the whole family.

Scriptures help us to know ourself, live a good life and love God”



Daily Sadhana

Our holy men and women teach us yoga and ways of worship.

They inspire us in everything we do and give us daily sadhana, which are our spiritual studies and disciplines.

Performing sadhana helps us control our instinctive impulses and live a pure and happy life.



All of life is sacred

To the Saivite Hindu, all of life is sacred.

All of life is religion.

Thus, Saivite art is sacred art, Saivite music is devotional music, and the Saivite's business is not only his livelihood, it is his service to man and God.



Stand Strong for Saivism

You are so fortunate to be a Saivite Hindu.

Stand strong for Saivism.



Gurudeva says ...

Saivism's grandeur and beauty are found in a practical culture, an enlightened view of man's place in the universe and a profound system of temple mysticism and siddha yoga.



QUESTIONS for Lesson 19



19.1 Saivism gives us guidance in the refined qualities of character so necessary in spiritual life:

(Check the one quality that does not belong in the list)

- A. Patient
- B. Kind
- C. Combative
- D. Tolerant
- E. Humble
- F. Hard-working
- G. Devoted

19.2 Saivism centers around

(Check the correct answer)

- A. The temple
- B. The home and the temple
- C. The home

19.3 Enter the letter from below of A - C that completes each sentence correctly.

- ___ Monastic life
- ___ Family life
- ___ Mother and father

- (A) Is strong and precious
- (B) Are a child's first guru
- (C) Is its core and power

19.4 Enter the letter from below of A - E that completes each sentence correctly.

- ___ Temples
 - ___ Festivals
 - ___ Scriptures
 - ___ Our holy men and women
 - ___ Performing sadhana
- (A) Teach us yoga and ways of worship
(B) Are sacred places where devotees find peace and closeness with God
(C) Help us to know ourself, live a good life and love God.
(D) Helps us control our instinctive impulses
(E) Are fun for the whole family

19.5 The Saivite's business is not only his livelihood, it is his service to man and God.

- True
- False